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Oral presentation

The relationship between coping strategies whit stress and general health among nurses of Nourabad Mamasani hospital

Marjan Sardsiri*,Mahin Abbasi ,Mohammad Zoladl***

*Research Center of Social Factors Affecting Health, Yasuj University of Medical Sciences, Yasuj, Iran

**graduate from Islamic Azad University, Arsenjan branch, Arsenjan, Iran

Introduction: The goal of this study was studying the relationship between coping strategy and general health among nurses of mamasani hospital Statistical society in this research is consisting of all nurses of nurabad hospital which were sixty men and women and were chosen as completed units.

Methods: Six questions and three hypotheses were posed in this research. The overall plan of this study was correlation method. Studying tools in this research is consisting of two questionnaires:

1-stress coping strategy questionnaire

2- General health questionnaire of Goldberg

In this research, we use descriptive statistical method, mean, mod, maximum and minimum and also deriving statistical methods such as (person correlation, multiple variances).

Results: Research is shown that strategy guideline using among Nourabad nurses was problem strategy 2- avoidance strategies, emotion oriented strategies with small measures of general health.

Conclusions: With respect to above, there is not any meaningful relation between problem strategy and avoidance strategy and emotion strategy with small measures of general health. Also variable variance of general health from problem solving oriented and emotion-solving oriented is not obvious.

Key Words: job stress, coping strategy, general health, nurses